

## SPRITUAL FITNESS

The Chapel services offered at JBLM actively build spiritual readiness and Faith Based Community. We facilitate the free exercise of religion for our diverse community through a range of programs and services designed to support a wide variety of religious preferences through teaching, practice, worship, and observance.

## DIGITAL GIVING

### Access Digital Giving:

[www.armyctofdigitalgiving.com](http://www.armyctofdigitalgiving.com) or  
<https://webtrac.mwr.army.mil/digitalgiving>



## OFFICE LOCATIONS

JBLM RSO RELIGIOUS SUPPORT OFFICE  
Bldg 2007A Room 317 Liggett Ave Lewis Main  
PH: (253)967-3718

JMCCHORD CHAPEL SUPPORT CENTER  
746 Col Joe Jackson Blvd McChord Field

## Chapel Locations & Contact Information

Main Post Chapel  
Bldg 2001, 9<sup>th</sup> Liggett Ave, Lewis Main  
Ph: (253)967-3737  
Catholic (253) 967-5962

Lewis-North Chapel  
Bldg 11621, South Drive, Lewis North  
Ph: (253) 966-6039  
Protestant (253) 966-2165

Four Chaplains' Memorial Chapel  
Bldg 9120 Jackson Avenue & Transmission Line  
Road, Lewis Main  
Ph: (253) 967-1723

Evergreen Chapel  
Bldg 3238 2<sup>nd</sup> Division Dr, Lewis Main

Soldiers' Memorial Chapel  
Bldg 3799, South 20<sup>th</sup> & Stryker Ave, Lewis Main

McChord Field Chapel 1  
180 COL Joe Jackson Blvd, McChord Field  
Ph: (253) 982-5556

McChord Chapel 2  
181 COL Joe Jackson Blvd, McChord Field  
Ph: (253) 982-5556

Madigan Army Medial Center Chapel  
Located in the Hospital Tower Lobby  
Ph: (253) 968-1125

Main Post Chapel Annex  
9th Division & Liggett Ave Lewis Main

Wiccan Bldg  
Bldg T6195 Lewis Main



## JBLM RELIGIOUS SUPPORT



## CHAPEL SERVICES





# JBLM WORSHIP SCHEDULE



## CATHOLIC SERVICES

### DAILY MASS

Monday - Friday  
12:00 at Main Post Chapel

Tuesday-Friday  
11:45 am at Madigan

SATURDAY MASS  
4:30 pm at Madigan

SUNDAY MASS  
9:00 & 12:00 at Main Post Chapel  
9:00 at Madigan  
10:30 at McChord Field

## PROTESTANT WEEKDAY SERVICE

SUMMIT CHAPEL  
1st Wednesday  
6:30 at Soldier's Chapel

## PROTESTANT SUNDAY SERVICES

TRADITIONAL  
8:30 at McChord Field  
10:30 at Lewis Main Chapel

GRACE GOSPEL  
11:00 at Lewis North Chapel

CHAPEL NEXT  
10:00 at 4 Chaplains' Memorial

REACH  
(Contemporary)  
10:00 at McChord Chapel Support Ctr.

OPEN TABLE  
(Liturgical)  
5:00 pm at 4 Chaplains' Memorial

GENERAL  
10:30 at Madigan

UNPLUGGED  
(Non denominational)  
11:00 at Evergreen

ANGLICAN  
4:30 at Madigan

## OTHER FAITH GROUPS

JEWISH SERVICE  
Friday at 7:00  
Saturday at 10:00  
Lewis Main Chapel Annex

ISLAMIC PRAYER SERVICE  
Friday at 12:00  
Evergreen Chapel

NEW MOON FELLOWSHIP  
Sunday at 1400  
Bldg T6195, Lewis Main

BUDDHIST  
Thursday at 5:00 pm  
Soldiers Memorial

## GROWTH IN LEARNING

As Chapel based programs, JBLM Religious Education provide comprehensive faith formation opportunities for all ages and respond to diverse life situations. We aspire to insure spiritual readiness and resilience of our Army community through a variety of faith-based events and study groups.

\*This Trifold will be updated quarterly or as required.

## DRE CONTACT INFORMATION

James Freitag: (253)495-2760 (Team Lead)

Brian Oh: (253)205-7136

Linda Martinez Greer: (253)982-5970

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9th Division & Liggett Ave Lewis Main

**Wiccan Bldg**  
Bldg T6195 Lewis Main



## JBLM RELIGIOUS SUPPORT



## RELIGIOUS EDUCATION & STUDY GROUPS

Facebook



Website







# JBLM FAITH BASED LEARNING OPPORTUNITIES



## CATHOLIC COMMUNITY

### LEWIS MAIN

RCIA  
Sunday 1:30 pm

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Religious Education Classes  
Sept-May  
Sunday at 10:30

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First Communion Class  
Sundays at 10:30

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Baptism Class  
1st Sunday of the month at 1:00

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Confirmation Class Lewis  
Sunday 10:30  
\*call office for monthly schedule

### 4 CHAPLAINS' MEMORIAL

Catholic Women Of Chapel  
Sept-May  
Thursday from 9:30-11:30

## PROTESTANT COMMUNITY

McChord Reach Children  
Sunday at 10:00  
Chapel Support Center

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Chapel Next Youth (Female)  
Sunday at 11:30-1:00  
4 Chaplains' Memorial Chapel

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Main Post Traditional Children  
Sunday at 10:30

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Main Post Traditional Adult  
Sunday at 9:00

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Grace Gospel Adult  
Wednesday at 6:30  
North Chapel

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Madigan Adult Bible School  
Sunday 8:30

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Chapel Next Children  
Sunday 10:00  
Chapel Support Center

## BASE-WIDE CHRISTIAN ACTIVITIES

AWANA Children's Program  
Sunday at 1630  
Online

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Mothers Of Preschoolers (MOPS)  
Monday 1830 to 2030  
North Fort Chapel & McChord

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Protestant Women Of Chapel (PWOC)

Tuesday at 1830  
at Cascade Village walking path  
Unity Walk and Prayer  
&  
Wednesdays at 1000  
at the corner of Lincoln and Coolidge  
Devotion in the Park

## OTHER FAITH GROUPS

New Moon Fellowship (Wiccan)  
Sunday at 1400  
Bldg T6195

## MADIGAN CATHOLIC

"The Roman Catholic Community at JBLM-Madigan heard the call to "Renew all things in Christ" as Church (patients, active military men and women, their dependents, and hospital staff of any background). To achieve this through and by Thematic Homilies (due to covid) as follows: \*The Heart of Trust; \*Strengthening the Gift of Being You; \*Love unites all to Care with Compassion.

## ANGLICAN

A chapel service in the Anglican tradition that supports liturgically-oriented Service Members and Families. Faithful to Holy Scripture and uses the Book of Common Prayer as its guide for worship.

## UNPLUGGED

Nondenominational chapel ministry that is *unplugged* from traditional church models. Our vision is to spread the gospel through loving, living, and laboring within our community. The Unplugged Community exists to spread the gospel by worshipping, working & doing life together.

## JEWISH

Jewish program with Friday night Shabbat services followed by an Oneg; Additional services for all the Major Jewish holidays and special events as needed. Home education program available.

## NEW MOON FELLOWSHIP

An eclectic Wiccan/Pagan open circle that celebrates all 8 Sabbats as well as Full & New Moon Rituals. We have classes & training every week from basic to advanced Craft beliefs & practices. All faith groups are welcome to join in the celebrations of life within the Craft in an open environment.

## BUDDHIST

JBLM Buddhist Community welcomes all to learn, practice, and get benefits in Spirituality. We share the teaching of the Buddha, including sutras, mindfulness, meditation, and wisdom. We promote happiness and peace within improving better quality of life and recovery.

## ISLAMIC

Islamic service is performed Fridays at Evergreen Chapel. The religion encourages working together to solve problems and build cultures of peace to change the World. Islam is an Abrahamic monotheistic religion teaching that Prophet Muhammad is a messenger of Allah (God). The faith group known as Muslims.



# JBLM RELIGIOUS SUPPORT



# FAITH GROUPS

Facebook



Web-



## CATHOLIC

We are a Roman Catholic community here to serve our Active Duty Service Members and Families. We celebrate mass and Eucharistic Adoration at various locations to include Main Post Chapel, McChord, and MAMC. Other activities of our community include Catholic Women of the Chapel and Knights of Columbus.

## GRACE GOSPEL

Grace Gospel Service is a Christian, non-denominational, spirit-filled, Christ-centered, family-oriented, Biblically based protestant worship service. We focus on people and community. Our four essential pillars are: worshipping God, connecting people in the spirit, faith-based readiness and resiliency center, and cultivating transformational community.

## LEWIS MAIN COLLECTIVE PROTESTANT

Main Post Chapel collective Protestant Service. We are a Bible centered, family focused community service. Multigenerational and multicultural, we seek to provide an environment to worship God together while encouraging each other. Kingdom focused in a desperate world.

## McCHORD TRADITIONAL

A friendly and warm congregation with a familiar worship style and music. Committed to supporting one another and the community offers numerous opportunities to get involved from Sunday morning Bible Studies, a vibrant retiree ministry and a strong music ministry.

## CHAPEL NeXT

Chapel NeXt, an upbeat causal Christian Service is Biblically based, Christ centered, God honoring, and Spirit empowered. Join us for Great Worship, Preaching and programs that are Rooted in the Scripture, and Reaching to our community. Our focus is on Soldier's and Families, as well as Single Soldiers, but all are welcome.

## REACH CHAPEL McCHORD

Wanting to reconnect to a faith community? Reach is a contemporary, evangelical congregation with a passion to "Reach" all of the JBLM family, focusing on McChord. Solid biblical preaching and teaching will strengthen your Faith, with ministries for the entire Family, producing a strong and spiritually resilient Community! Come early and experience *the Gathering*, a pre-service time of coffee, snacks, and fellowship.

## OPEN TABLE

A progressive liturgical Protestant chapel community that speaks to all God's people, no matter their background. Our congregation values diverse individuals, groups, backgrounds, education, life experience and life stages on a journey of faith. We believe all are essential in our growth as disciples. We believe that no one religious tradition has a monopoly on truth. We believe in sharing the joy of the gospel and living a life that embraces the "Spirit of Christ".

## SUMMIT

We're a Christian chapel that experiences and expresses the love of God mainly through unit-based small groups who do life, learn and grow, and reach the world together. Our small groups meet weekly (see your unit chaplain to find your group). We also worship together as a larger community. Our chapel consists of mostly Soldiers and young families, and our culture promotes authenticity, respect, service, growth, spirituality, creativity, and love.

## MADIGAN PROTESTANT

A Protestant worship service that has a heart for those who are hurting, a hope for a heavenly future and ministry in the present. Worshipping in a hospital setting, we are a congregation of staff, patients, retirees and others who enjoy a time of fellowship after service.

-Weekly Bible Study

## COUNSELING CENTER

We are currently offering both in-person counseling and virtual counseling for individuals, couples, and families.

Please call (253) 967-1723  
or send an email to: [cflc.jblm@gmail.com](mailto:cflc.jblm@gmail.com)

We are located in the Four Chaplains' Memorial Chapel BLDG 9120, on the Corner of Jackson Ave and Transmission Line Rd.

## NEED IMMEDIATE ASSISTANCE?

If you're faced with an emergency after duty hours you can reach the Staff Duty Chaplain through the Joint Base Operations Center (JBOC) at (253) 967-0015.

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## JBLM RELIGIOUS SUPPORT



## CHAPLAIN FAMILY LIFE CENTER

Facebook



Website





# PROFESSIONAL & CONFIDENTIAL COUNSELING



## PROFESSIONAL COUNSELORS

All counselors at the CFLC are college trained at the Masters Degree level. They have special training in individual, family and crisis intervention.

We partner with local universities to develop the best counselors for JBLM and the surrounding community.

## OUR FACILITIES

Our facility is located at the end of Four Chaplain Memorial Chapel, but has it's own entrance and separate space. The counseling environment throughout the CFLC is a professional, warm and welcoming place.

## AVAILABLE SERVICES

- Affair/Divorce Recovery
- Grief Work
- Premarital Counseling
- Stress Management
- Reintegration
- Parenting Skills
- Blended Families
- Financial Stress
- Faith Integration
- Communication
- Sexual Addiction and Pornography

## THERAPEUTIC METHODS

- Emotionally Focused Therapy
- Gottman Method
- Solution Focused Therapy
- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Behavioral Therapy
- Acceptance & Commitment Therapy
- Play & Sand Tray Therapies

## APPOINTMENTS

All of our personal, telephonic, or online sessions are by appointment. Please call (253) 967-1723 or email at [cflc.jblm@gmail.com](mailto:cflc.jblm@gmail.com)

## ELIGIBILITY

All Active Duty Military, Retirees, Family Members and DOD Civilians.

## SESSIONS

Sessions are on average 50 minutes long.

\*Chaplains are able to provide virtual counseling under extenuating circumstances.